

Remarkable Healings A Psychiatrist Discovers Unsuspected Roots Of Mental And Physical Illness

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Memories of God and Creation Shakuntala Modi 2000-09-01 Is it possible to remember how the universe was created, where humans came from, and what we planned to do with our lives? Yes, says board-certified psychiatrist Shakuntala Modi, M.D. For more than a decade Dr. Modi has used clinical hypnosis to help patients deiscover the sources of their physical and mental health problems, not only in their pasts, but even in their past lives. Now she targets the cosmos. According to Dr. Modi, everyone carries memories of God and creation in their subconscious. This book presents information from many of her hypnotized patients, presenting evidence that we all carry the secrets of the universe within us. The astonishing revelations in this book include real patient descriptions of:What it's like to be one with GodWhy there are individual soulsWhere evil came fromHow angels were createdHow dying feelsHow easy it is to return to Heaven after death Prepare to have your world view completely altered by the information in Memories of God and Creation.

Signs of Mental Illness Mitchell E. Gibson 1998 Dr. Gibson demonstrates the use of new astrological techniques for diagnosingmental illness. Charts & graphs.

Healing the Mind through the Power of Story Lewis Mehl-Madrona 2010-06-18 Psychiatry that recognizes the essential role of community in creating a new story of mental health • Provides a critique of conventional psychiatry and a look at what mental health care could be • Includes stories used in the author's healing practice that draw from traditional cultures around the world Conventional psychiatry is not working. The pharmaceutical industry promises it has cures for everything that ails us, yet a recent study on antidepressants showed there is no difference of success in prescribed pharmaceuticals from placebos when all FDA-reported trials are considered instead of just the trials published in journals. Up to 80 percent of patients with bipolar depression remain symptomatic despite conventional treatment, and 10 to 20 percent of these patients commit suicide. In Healing the Mind through the Power of Story, Dr. Mehl-Madrona shows what mental health care could be. He explains that

within a narrative psychiatry model of mental illness, people are not defective, requiring drugs to “fix” them. What needs “fixing” is the ineffective stories they have internalized and succumbed to about how they should live in the world. Drawing on traditional stories from cultures around the world, Dr. Mehl-Madrona helps his patients re-story their lives. He shows how this innovative approach is actually more compatible with what we are learning about the biology of the brain and genetics than the conventional model of psychiatry. Drawing on wisdom both ancient and new, he demonstrates the power and success of narrative psychiatry to bring forth change and lasting transformation.

People of the Lie M. Scott Peck 1983 "So compelling in its exploration of the human psyche, it's as hard to put down as a thriller...such a force of energy, intensity, and straightforwarness.

Experiencing the Next World Now Michael Grosso 2004-03-10 From the scientific underground of psychic research comes a stunning report on the evidence for life after death. But all the proof in the world is nothing when compared to actual experience with the place beyond. This book takes the reader to the next level -- and offers a more personal kind of journey. If there is a "next world," it must be nearby, and the path leads through the gateways of our own minds. Philosopher Michael Grosso shows us how to open these passages -- or at least peek through a keyhole -- and glimpse what may lie beyond. This is the guidebook for an adventure that nobody can refuse.

Reclaim Your Brain Joseph A. Annibali 2015 A too-busy brain can interfere with attention, concentration, mood and even the ability to make decisions and solve problems. Annibali shows you how to restore cognitive calm, and provides useful suggestions to help you understand your own brain functions so you can discover which techniques will work for you.

Nutrient Power William Walsh 2014-05-06 A veteran research scientist who has spent decades establishing biochemical treatment protocols for patients with ADHD, Alzheimer's disease and various mental disorders challenges popular opinions about psychiatric drugs to make recommendations for drug-free nutrient therapies that normalize the brain without producing serious side effects. 15,000 first printing.

Healing Lost Souls William J. Baldwin 2003-06-01 For two decades, William Baldwin has been a pioneer in the ever-expanding therapeutic fields of Spirit Releasement, Past Life Regression, and Soul-Mind Fragmentation. In his Florida practice, he uses these therapies routinely to help patients who suffer from Dissociative Trance and Dissociative Identity (formerly called Multiple Personality) Disorders. Healing Lost Souls explains the attributes of each therapy in everyday language, and provides dozens of case studies to illustrate its clinical use. Likening his work to the ancient practice of shamanism, Baldwin has found that psychological disorders are often rooted in past life traumas, the interference of attached entities of various origins, and the fragmentation of one's soul. Baldwin stresses the importance of active patient participation throughout the stages of regression, as well as the need to treat encountered entities with respect, since they are often mere lost souls as bewildered and frightened as the patients themselves.

Spirit Release Sue Allen 2010-05-11 Spirit Release covers psychic attack, curses, witchcraft, spirit attachment, haunting, soul rescue, deliverance and exorcism. This comprehensive guide has been developed over many years as course material in the College of Psychic Studies in London. It looks at the symptoms of psychic attack and spiritual attachments, what to do and how to prevent them.

The Slain God Timothy Larsen 2014-08-29 Throughout its entire history, the discipline of anthropology has been perceived as undermining, or even discrediting, Christian faith. Many of its most prominent theorists have been agnostics who assumed that ethnographic findings and theories had exposed religious beliefs to be untenable. E. B. Tylor, the founder of the discipline in Britain, lost his faith through studying anthropology. James Frazer saw the material that he presented in his highly influential work, The Golden Bough, as demonstrating that Christian thought was based on the erroneous thought patterns of 'savages.' On the other hand, some of the most eminent anthropologists have been Christians, including E. E. Evans-Pritchard, Mary Douglas, Victor Turner, and Edith Turner. Moreover, they openly presented articulate reasons for how their

religious convictions cohered with their professional work. Despite being a major site of friction between faith and modern thought, the relationship between anthropology and Christianity has never before been the subject of a book-length study. In this groundbreaking work, Timothy Larsen examines the point where doubt and faith collide with anthropological theory and evidence.

Healing the Family Tree Kenneth McAll 2013-01-17 Dr Kenneth McAll tells how through his medical and religious experiences he has discovered a remarkable new method of healing. Believing that many supposedly 'incurable' patients are the victims of ancestral control, he seeks to liberate them from domination. By drawing up a family tree he is able to identify the ancestor who is causing his patient harm. He then cuts the bond between the ancestor and the patient by celebrating, with a clergyman, a service of Holy Communion in which he delivers the tormented ancestor to God.

Narrative Medicine Lewis Mehl-Madrona 2007-06-11 Seeks to restore the pivotal role of the patient's own story in the healing process • Shows how conventional medicine tends to ignore the account of the patient • Presents case histories where disease is addressed and healed through the narrative process • Proposes a reinvention of medicine to include the indigenous healing methods that for thousands of years have drawn their effectiveness from telling and listening Modern medicine, with its high-tech and managed-care approach, has eliminated much of what constitutes the art of healing: those elements of doctoring that go beyond the medications prescribed. The typically brief office visit leaves little time for doctors to listen to their patients, though it is in these narratives that disease is both revealed and perpetuated--and can be released and treated. Lewis Mehl-Madrona's Narrative Medicine examines the foundations of the indigenous use of story as a healing modality. Citing numerous case histories that demonstrate the profound power of narrative in healing, the author shows how when we learn to dialogue with disease, we come to understand the power of the "story" we tell about our illness and our possibilities for better health. He shows how this approach also includes examining our relationships to our extended community to find any underlying disharmony that may need healing. Mehl-Madrona points the way to a new model of medicine--a health care system that draws its effectiveness from listening to the healing wisdom of the past and also to the present-day voices of its patients.

Remarkable Healings Shakuntala Modi 1998-04-01 Psychiatry remains an emerging discipline. Many people suffer from ailments that have no apparent cause, no obvious cure. Quite by accident, while using hypnotherapy, Dr. Modi discovered that pastlife regression can be a beneficial treatment. Many of these patients, under hypnosis, claimed to have spirits attached to their bodies and energy fields, creating psychological and physical problems. Based on years of experience, Dr. Modi describes techniques that release these spirits, revealing how patients can sometimes recover within a few sessions. While most doctors would agree that emotional states affect our health, few would give credence to spiritual "influences." In this truly groundbreaking book, Dr. Modi presents evidence that something beyond the physical affects the health of many people, and urges medical scientists to objectively assess this revolutionary approach to mental and, often, physical illness. Pioneers have the courage to put aside the status quo and evaluate what the evidence shows, even if it defies the prevailing logic of the time. Both physicians and the general public should explore the pioneering work of Dr. Modiwork which no doubt has produced many remarkable healings.

Closing of the American Mind Allan Bloom 2008-06-30 The brilliant, controversial, bestselling critique of American culture that "hits with the approximate force and effect of electroshock therapy" (The New York Times)—now featuring a new afterword by Andrew Ferguson in a twenty-fifth anniversary edition. In 1987, eminent political philosopher Allan Bloom published *The Closing of the American Mind*, an appraisal of contemporary America that "hits with the approximate force and effect of electroshock therapy" (The New York Times) and has not only been vindicated, but has also become more urgent today. In clear, spirited prose, Bloom argues that the social and political crises of contemporary America are part of a larger intellectual crisis: the result of a dangerous narrowing of curiosity and exploration by the university elites. Now, in this

twenty-fifth anniversary edition, acclaimed author and journalist Andrew Ferguson contributes a new essay that describes why Bloom's argument caused such a furor at publication and why our culture so deeply resists its truths today.

Your Immortal Body of Light Mitchell Earl Gibson 2006 Dr. Gibson was chief resident in psychiatry at a large inner-city medical center when he began expanding his consciousness through meditation. The work is a sensitive and compelling portrait of one man's spiritual and emotional journey into the unknown.

Understanding and Healing Emotional Trauma Daniela F. Sieff 2014-11-27 Understanding and Healing Emotional Trauma is an interdisciplinary book which explores our current understanding of the forces involved in both the creation and healing of emotional trauma. Through engaging conversations with pioneering clinicians and researchers, Daniela F. Sieff offers accessible yet substantial answers to questions such as: What is emotional trauma? What are the causes? What are its consequences? What does it mean to heal emotional trauma? and How can healing be achieved? These questions are addressed through three interrelated perspectives: psychotherapy, neurobiology and evolution.

Psychotherapeutic perspectives take us inside the world of the unconscious mind and body to illuminate how emotional trauma distorts our relationships with ourselves and with other people (Donald Kalsched, Bruce Lloyd, Tina Stromsted, Marion Woodman). Neurobiological perspectives explore how trauma impacts the systems that mediate our emotional lives and well-being (Ellert Nijenhuis, Allan Schore, Daniel Siegel). And evolutionary perspectives contextualise emotional trauma in terms of the legacy we have inherited from our distant ancestors (James Chisholm, Sarah Blaffer Hrdy, Randolph Nesse). Transforming lives affected by emotional trauma is possible, but it can be a difficult process. The insights shared in these lively and informative conversations can support and facilitate that process. This book will therefore be a valuable resource for psychotherapists, psychologists, counsellors and other mental health professionals in practice and training, and also for members of the general public who are endeavouring to find ways through their own emotional trauma. In addition, because emotional trauma often has its roots in childhood, this book will also be of interest and value to parents, teachers and anyone concerned with the care of children.

Adversaries Walk Among Us John G. Livingston 2004-01-01

Rewire Your Brain John B. Arden, PhD 2010-03-22 How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be "hardwired" to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region Explaining exciting new developments in neuroscience and their applications to daily living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.

Total Recovery Gary Kaplan 2014-05-06 About 100 million Americans live with some form of chronic pain—more than the combined number who suffer from diabetes, heart disease, and cancer. But chronic pain has always been a mystery. It often returns at the slightest provocation, even

when doctors can't find anything wrong. Oddly enough, whether the pain is physical or emotional, traumatic or slight, our brains register all pain as the same thing, and these signals can keep firing in the nervous system for months, even years. In *Total Recovery*, Dr. Gary Kaplan argues that we've been thinking about disease all wrong. Drawing on dramatic patient stories and cutting-edge research, the book reveals that chronic physical and emotional pain are two sides of the same coin. New discoveries show that disease is not the result of a single event but an accumulation of traumas. Every injury, every infection, every toxin, and every emotional blow generates the same reaction: inflammation, activated by tiny cells in the brain, called microglia. Turned on too often from too many assaults, it can have a devastating cumulative effect. Conventional treatment for these conditions is focused on symptoms, not causes, and can leave patients locked into a lifetime of pain and suffering. Dr. Kaplan's unified theory of chronic pain and depression helps us understand not only the cause of these conditions but also the issues we must address to create a pathway to healing. With this revolutionary new framework in place, we have been given the keys to recover.

A New Earth Eckhart Tolle 2006-08-29 The 10th anniversary edition of *A New Earth* with a new preface by Eckhart Tolle. With his bestselling spiritual guide *The Power of Now*, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In *A New Earth*, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, *A New Earth* is a profoundly spiritual manifesto for a better way of life—and for building a better world.

Angels and Archangels in Reiki Practice Haripriya Suraj 2015-12-08 Haripriya's connection with the angels began a decade back, when they helped her cope with the passing on of her grandmother and helped remove a lot of fear and dark energy. Thereafter, she has communicated with the angels at crucial moments in life and expressed her deepest feelings to them. Not only did they listen, but they also responded with unconditional love by sending help in the form of people or altered circumstances. This book is written from such a place of unconditional love. The kindness and wisdom that are present in each story are empowering the readers to grow spiritually, to rediscover their inner strength and the connection to the divine angels. The gift of Reiki, the universal life force energy which helps us heal ourselves and others and connect to our true divine nature, has strengthened the connection and made the communication easier, clearer, and more powerful. The stories and techniques shown here are part of a long term collaboration with the Reiki portal Reiki Rays, and can be found in the archives of their website. The book is a compilation of the Haripriya's most appreciated articles, arranged in a way that flows naturally and makes for an easy and inspiring lecture. To fully understand and to be able to apply the techniques described in this book, the reader should already be introduced to the healing magic of Reiki.

American Therapy Jonathan Engel 2008-10-30 From Freud to Zolof, the first comprehensive history of American Psychotherapy Fifty percent of Americans will undergo some form of psychotherapy in their lifetimes, but the origins of the field are rarely known to patients. Yet the story of psychotherapy in America brims with colorful characters, intriguing experimental treatments, and intense debates within this community of healers. *American Therapy* begins, as psychotherapy itself does, with the monumental figure of Sigmund Freud. The book outlines the basics of Freudian theory and discusses the peculiarly powerful influence of Freud on the world of American mental health. The book moves through the emergence of group therapy, the rise of psychosurgery, the evolution of uniquely American therapies such as Gestalt, rebirthing, and primal scream therapy, and concludes with the modern world of psychopharmacology, cognitive-behavioral therapy, and highly targeted short-term therapies. For a counseled nation that freely uses terms such as "emotional baggage" and no longer stigmatizes mental health care, American

Therapy is a remarkable history of an extraordinary enterprise.

The Brain That Changes Itself Norman Doidge 2007-03-15 “Fascinating. Doidge’s book is a remarkable and hopeful portrait of the endless adaptability of the human brain.”—Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat* What is neuroplasticity? Is it possible to change your brain? Norman Doidge’s inspiring guide to the new brain science explains all of this and more An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain. Psychoanalyst, Norman Doidge, M.D., traveled the country to meet both the brilliant scientists championing neuroplasticity, its healing powers, and the people whose lives they’ve transformed—people whose mental limitations, brain damage or brain trauma were seen as unalterable. We see a woman born with half a brain that rewired itself to work as a whole, blind people who learn to see, learning disorders cured, IQs raised, aging brains rejuvenated, stroke patients learning to speak, children with cerebral palsy learning to move with more grace, depression and anxiety disorders successfully treated, and lifelong character traits changed. Using these marvelous stories to probe mysteries of the body, emotion, love, sex, culture, and education, Dr. Doidge has written an immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential.

Prayers for Healing and Protection M. D. Shakuntala Modi 2013-03 Dr. Modi, a board certified psychiatrist, has used hypnotherapy in her practice for 35 years. Under hypnosis, many of her patients regressed to a past life or recalled having human, demon or alien spirits within them, or having soul fragmentation and soul loss as the source of their mental, emotional and physical symptoms. By resolving these issues, patients often feel relief from their symptoms, sometimes in just one or two sessions. The wisdom she has derived from these experiences is the subject of *Prayers for Healing and Protection*. This fascinating book is full of hope, energy and life. People will be drawn to it and want to share it with others. The descriptions are incredible and very easy to visualize, especially the descriptions of the Light and how it connects and illuminates everything. *Prayers for Healing and Protection* is a very powerful and healing book.

Psychiatry Konstantinos N. Fountoulakis

How to Change Your Mind Michael Pollan 2018-05-15 “Pollan keeps you turning the pages . . . cleareyed and assured.” —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a

world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Man and His Symbols Carl Gustav Jung 1964 Explores Jung's psychological concepts regarding the nature, function and importance of man's symbols as they appear on both the conscious and subconscious level

The Brain's Way of Healing Norman Doidge 2015-01-27 NEW YORK TIMES BESTSELLER The New York Times–bestselling author of *The Brain That Changes Itself* presents astounding advances in the treatment of brain injury and illness. Now in an updated and expanded paperback edition. Winner of the 2015 Gold Nautilus Book Award in Science & Cosmology In his groundbreaking work *The Brain That Changes Itself*, Norman Doidge introduced readers to neuroplasticity—the brain’s ability to change its own structure and function in response to activity and mental experience. Now his revolutionary new book shows how the amazing process of neuroplastic healing really works. *The Brain’s Way of Healing* describes natural, noninvasive avenues into the brain provided by the energy around us—in light, sound, vibration, and movement—that can awaken the brain’s own healing capacities without producing unpleasant side effects. Doidge explores cases where patients alleviated chronic pain; recovered from debilitating strokes, brain injuries, and learning disorders; overcame attention deficit and learning disorders; and found relief from symptoms of autism, multiple sclerosis, Parkinson’s disease, and cerebral palsy. And we learn how to vastly reduce the risk of dementia, with simple approaches anyone can use. For centuries it was believed that the brain’s complexity prevented recovery from damage or disease. *The Brain’s Way of Healing* shows that this very sophistication is the source of a unique kind of healing. As he did so lucidly in *The Brain That Changes Itself*, Doidge uses stories to present cutting-edge science with practical real-world applications, and principles that everyone can apply to improve their brain’s performance and health.

The Emperor's New Drugs Irving Kirsch 2010-01-26 Do antidepressants work? Of course—everyone knows it. Like his colleagues, Irving Kirsch, a researcher and clinical psychologist, for years referred patients to psychiatrists to have their depression treated with drugs before deciding to investigate for himself just how effective the drugs actually were. Over the course of the past fifteen years, however, Kirsch's research—a thorough analysis of decades of Food and Drug Administration data—has demonstrated that what everyone knew about antidepressants was wrong. Instead of treating depression with drugs, we've been treating it with suggestion. *The Emperor's New Drugs* makes an overwhelming case that what had seemed a cornerstone of psychiatric treatment is little more than a faulty consensus. But Kirsch does more than just criticize: he offers a path society can follow so that we stop popping pills and start proper treatment for depression.

Spirit Releasement Therapy William J. Baldwin 1995-06-01 Spirit Releasement Therapy is a special form of healing which "calls forth" and identifies positive energies that enhance personal growth, and clears negative energies (whether internally generated or externally attached) that restrict personal growth -- on levels ranging from cellular consciousness to archangelic realms.

Medical Bondage Deirdre Cooper Owens 2017-11-15 The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on poor and powerless women. *Medical Bondage* breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as “medical superbodies” highly suited for medical experimentation. In *Medical Bondage*, Cooper Owens examines a wide range of scientific literature and less formal communications in which gynecologists created and disseminated medical fictions about their patients, such as their belief that black enslaved women could withstand pain better than white “ladies.” Even as they were advancing medicine, these doctors were legitimizing, for decades to come, groundless theories related to whiteness and blackness, men and women, and the inferiority of other races or nationalities. *Medical Bondage* moves between southern plantations and northern urban centers to reveal how nineteenth-century American ideas about race, health, and status influenced

doctor-patient relationships in sites of healing like slave cabins, medical colleges, and hospitals. It also retells the story of black enslaved women and of Irish immigrant women from the perspective of these exploited groups and thus restores for us a picture of their lives.

The Winter Soldier Daniel Mason 2018-09-11 Winner of the Northern California Book Award A New York Times Editors' Choice Pick A Washington Post Notable Book of 2018 A San Francisco Chronicle Best Book of 2018 An NPR Best Book of 2018 National Bestseller "The Winter Soldier brims with improbable narrative pleasures... These pages crackle with excitement... A spectacular success." --Anthony Marra, New York Times Book Review "A dream of a novel... Part mystery, part war story, part romance." --Anthony Doerr, author of All the Light We Cannot See
Vienna, 1914. Lucius is a twenty-two-year-old medical student when World War I explodes across Europe. Enraptured by romantic tales of battlefield surgery, he enlists, expecting a position at a well-organized field hospital. But when he arrives, at a commandeered church tucked away high in a remote valley of the Carpathian Mountains, he finds a freezing outpost ravaged by typhus. The other doctors have fled, and only a single, mysterious nurse named Sister Margarete remains. But Lucius has never lifted a surgeon's scalpel. And as the war rages across the winter landscape, he finds himself falling in love with the woman from whom he must learn a brutal, makeshift medicine. Then one day, an unconscious soldier is brought in from the snow, his uniform stuffed with strange drawings. He seems beyond rescue, until Lucius makes a fateful decision that will change the lives of doctor, patient, and nurse forever. From the gilded ballrooms of Imperial Vienna to the frozen forests of the Eastern Front; from hardscrabble operating rooms to battlefields thundering with Cossack cavalry, The Winter Soldier is the story of war and medicine, of family, of finding love in the sweeping tides of history, and finally, of the mistakes we make, and the precious opportunities to atone.

Medicine Man Saffron A. Kent 2021-05-31 Willow Taylor lives in a castle with large walls and iron fences. But this is no ordinary castle. It's called Heartstone Psychiatric Hospital and it houses forty other patients. It has nurses with mean faces and techs with permanent frowns. It has a man, as well. A man who is cold and distant. Whose voice drips with authority. And whose piercing gray eyes hide secrets, and maybe linger on her face a second too long. Willow isn't supposed to look deep into those eyes. She isn't supposed to try to read his tightly-leashed emotions. Neither is she supposed to touch herself at night, imagining his powerful voice and that cold but beautiful face. No, Willow Taylor shouldn't be attracted to Simon Blackwood at all. Because she's a patient and he's her doctor. Her psychiatrist. The medicine man. NOTE: A STANDALONE novel set in the Heartstone world. KEYWORDS: Forbidden romance, age gap romance, older man younger woman romance, angsty romance, patient doctor romance, alpha male romance, coming of age romance, opposites attract romance, grumpy hero sunshine heroine

Veterinary Herbal Medicine Susan G. Wynn 2007 This full-color text and practical clinical reference provides comprehensive information on herbal remedies for both large and small animal species. Key coverage includes clinical uses of medicinal plants, specific information on how to formulate herbal remedies, a systems-based review of plant-based medicine, and in-depth information on the different animal species--dog, cat, avian and exotic, equine, food animal, and poultry.

The Unquiet Dead Edith Fiore 1995-03 Noted psychologist Dr. Edith Fiore explains how to detect spirit possession in yourself and others, how to protect yourself from entities, how to release your home from displaced spirits, and how to perform a de possession. Filled with shocking case histories.

The Tools Phil Stutz 2012-05-29 A groundbreaking book about personal growth that presents a uniquely effective set of four tools that bring about dynamic change in the present and impart a greater understanding of the depth and complexity of the human condition over the longterm. The Tools addresses the most common complaint patients have about psychotherapy: the interminable wait for change to begin. Barry Michels, an LA-based therapist, was frustrated by his inability to bring his patients faster relief from the issues that plagued them. He found a mentor in

Phil Stutz, a psychiatrist who years before devised a methodology that arose from a similar disenchantment. The traditional therapeutic model sets its sights on the past, but Stutz and Michels employ an arsenal of tools--exercises that access the power of the unconscious and effectively meet the most persistent problems people face--and the results are electrifying. Stutz and Michels are much sought-after--a recent profile in The New Yorker touted them as an "open secret" in Hollywood--and treat a high-powered and creative clientele. Their first work, The Tools transcends the typical self-help genre because of its paradigm-changing material, the credibility of its authors, and the instant appeal and empowerment of its message.

Life Between Life Joel L. Whitton 1988-01-01 This ground-breaking study confirms that life choices are individually made within a between-life state called Bardo, where explanations for life's burdens and ideas for relief are also offered

The Root of All Healing Misa Hopkins 2009-05 Within each of us there is a core discovery that needs to be made if we are going to become well. In a direct yet compassionate style, Misa Hopkins reveals the reason so many of us don't get well even though we have tried a variety of treatments and solutions. There is a growing acknowledgement in contemporary spiritual thought that we are the creators of our own reality, including our health. Hopkins shares real-life stories demonstrating that healing is not just the result of finding the right cure, but rather a personal opportunity to create wellness by engaging the sacred flow of Divine consciousness. Without promoting any particular healing methodology or spiritual practice, she provides us with simple steps a guidebook for accessing the healing power and wisdom that already lives inside. Hopkins candidly takes us into the successes of her own healing as she uncovered and transformed secret needs being met through her life-challenging illnesses. She shows us how illness can actually meet profound subconscious emotional needs, causing us to remain sick, and then she teaches us how to invite our subconscious worlds into alignment with our conscious desires. The result of this alignment is the ultimate root of all healing a new level of our own Divine awareness and power awakened. "If everyone seeking medical and holistic help read this and addressed the hidden barriers to healing, they would get healthier faster and with less struggle. I want all my patients to have this book!" Valerie Olmsted, NMD, Host of The Enlightened Medicine Show Misa, after witnessing the results of your healing steps several times in my life and in the lives of clients you've helped, I know miracles can be created. Kevin Hooey, Transformational Coach This book is absolutely brilliant! Misa puts important concepts together in a way that makes you go...'Oh I get it!' It's a first aid handbook for the new 21st century consciousness. Cheryl McDaniel, LPN The 7 steps provide practical ways any of us can develop grass roots self-mastery in our journey of Divine awareness and healing. John Brown, Minister I have fewer migraines, less back pain, and sleep better! I am so much more upbeat and happy; trusting myself and my process, and enjoying ordinary life now! Arleahna, Spiritual Healer

Abu Zayd al-Balkhi's Sustenance of the Soul (Ukrainian Language) Malik Badri 2020-01-01 ?Al-Balkhi explains symptoms and treatments giving advice on preventive measures and how to return the body and soul to their natural healthy state. In doing so he displays a keen understanding of the human condition and the medical nature of the human emotional state. An astonishing feat given that many of the conditions he discusses were left largely unknown and untreated for centuries before being clinically defined as such, only as relatively recently as the 20th century. A genius, his insights on human psychopathology as well as diagnoses of psychological ailments including stress, depression, fear and anxiety, phobic and obsessive-compulsive disorders, together with their treatment by cognitive behavior therapy, relate to us in every way and are in sync with modern psychology. Importantly, they also incorporate a greater dimension to include the soul and the worship of God.

Cured Jeffrey Rediger, M.D. 2020-02-04 When it comes to disease, who beats the odds — and why? When it comes to spontaneous healing, skepticism abounds. Doctors are taught that “miraculous” recoveries are flukes, and as a result they don't study those cases or take them into account when treating patients. Enter Dr. Jeff Rediger, who has spent over 15 years studying spontaneous healing, pioneering the use of

scientific tools to investigate recoveries from incurable illnesses. Dr. Rediger's research has taken him from America's top hospitals to healing centers around the world—and along the way he's uncovered insights into why some people beat the odds. In *Cured*, Dr. Rediger digs down to the root causes of illness, showing how to create an environment that sets the stage for healing. He reveals the patterns behind healing and lays out the physical and mental principles associated with recovery: first, we need to physically heal our diet and our immune systems. Next, we need to mentally heal our stress response and our identities. Through rigorous research, Dr. Rediger shows that much of our physical reality is created in our minds. Our perception changes our experience, even to the point of changing our physical bodies—and thus the healing of our identity may be our greatest tool to recovery. Ultimately, miracles only contradict what we know of nature at this point in time. *Cured* leads the way in explaining the science behind these miracles, and provides a first-of-its-kind guidebook to both healing and preventing disease.