

# Creating Sacred Space With Feng Shui Learn The Art Of Space Clearing And Bring New Energy Into Your Life

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[Creating Enlightened Organizations](#) J. Neal 2013-12-05 There is a growing movement to incorporate faith and spirituality in the workplace, to do things better, to utilize all the human capabilities of employees, and to truly revolutionize the role of business in the world. [Creating Enlightened Organizations](#) is the first book to provide a truly comprehensive approach to creating an organization designed to unleash full human potential in the workplace. Businesses have learned how to involve employees in problem solving, improve the emotional intelligence of their leaders, reengineer the business processes and create customer delight, but they have left out one essential ingredient that makes all the difference - the human spirit. There is a hunger for meaning and purpose in our workplaces and in our institutions. This book simplifies and organizes the best of what is going on in organizations at the individual, team and systems levels and provides guidance for putting it to practical use. It also offers a radically new view of the purpose of business in society and provides examples of leading edge organizations that make a positive difference in the world. Spirituality is the new competitive edge, and enlightened organizations know how to integrate the human spirit and spiritual values into their business practices.

[Clear Your Clutter with Feng Shui](#) Karen Kingston 2015-10-28 [Clear Your Clutter and Transform Your Life!](#) Clutter is trapped energy that has far-reaching effects physically, mentally, emotionally, and spiritually. The simple act of clearing clutter can transform your life by releasing negative emotions, generating energy, and allowing you to create space in your life for the things you want to achieve. In [Clear Your Clutter with Feng Shui](#), Karen Kingston, pioneer of a branch of Feng Shui known as Space Clearing, expertly guides you through the liberating task of clutter clearing. You will learn: Why you keep clutter How to identify and clear clutter in your home or workplace How to clear clutter from your body, mind, and spirit How to stay clutter-free

[Life Makeovers](#) Cheryl Richardson 2000 Offers advice on how to rejuvenate your life with a practical weekly program, including tips on self-management, regaining happiness, and clearing clutter from your life. Reprint.

[Bless This House](#) Donna Henes 2018-05-16 An urban shaman explains how to conduct blessing ceremonies that sanctify the home and other personal spaces. Learn about cleansing agents and how to use them to shower the home with love, luck, abundance, and protection.

[Grief Recovery Handbook, The \(Revised\)](#) John W. James 1998-06-23 Offers those coping with the loss of a loved one, a job, or a marriage a tested program of specific actions for recovery

[Space Clearing A-Z](#) Denise Linn 2001-05-01 In [Space Clearing A-Z](#), Denise Linn, the internationally acclaimed author of [Sacred Space](#), reveals ancient secrets for cleansing and balancing the energy in your home. These sacred traditions are gaining tremendous momentum right now for a very simple reason—they work!

[The Complete Idiot's Guide to Decluttering](#) Regina Leeds 2007-05-01 Do you own your stuff, or does it

own you? Whether someone lives in a mansion or a studio, drives an SUV or a MiniCooper, stuff often builds up into an endless stream of clutter, taking over living spaces and complicating lives. Drawing on nearly two decades of experience organizing living and work spaces, renowned organizing expert Regina Leeds has the solution for conquering clutter in every room of one's house, along with in one's office, car, and garage. ?Short, easy-to-use format ?Quick and easy steps for evaluating and organizing your possessions ?Unique room-by-room approach ?Tips on maintaining a clutter-free space forever ?Includes a complete list of resources

Voices of the Earth Clea Danaan 2009 Awaken your psychic powers, talk to nature, and hear her reply. Nature intuitive Clea Danaan gives lessons in building psychic awareness and communicating with plants, trees, and nature spirits. This rewarding connection with nature offers healing, renewal, knowledge of your life purpose, and a spiritual oasis in a chaotic world. Each chapter features meditations, journal exercises, and hands-on projects to help you strengthen your ties to the earth and deepen your spiritual practice. From gardening to herb work to water conservation, this book explores many ways to apply and incorporate nature's wisdom into daily life. Danaan's personal anecdotes also illuminate how green spirituality can be translated into a fulfilling, holistic lifestyle that supports the earth and your spirit. Praise for Clea Danaan's Sacred Land: "An informative book filled with fascinating and useful ideas." --PanGaia 2008 Independent Publisher Book Award for "Most Likely to Save the Planet" Bronze Medal Winner

Move Your Stuff, Change Your Life Karen Rauch Carter 2015-09-08 An essential and accessible guide to increasing happiness, improving your financial well-being, and bettering your health through the timeless Chinese art of feng shui. Promising health, wealth, and happiness, feng shui offers endless appeal—at least in concept. Unfortunately, feng shui's seemingly complicated methods are often difficult to learn and apply in a meaningful way. Fortunately, Move Your Stuff, Change Your Life is written in plain and simple English for the modern Western reader. Revealing the ancient Chinese secrets that are as useful and necessary today as they have been for centuries, Move Your Stuff, Change Your Life communicates how to: · MEET "THE ONE" · FIND A DREAM JOB · EARN BETTER GRADES IN SCHOOL · ENJOY A BETTER SEX LIFE

Creating Luminous Spaces Maureen K. Calamia 2018-05-01 Ancient and global modern design come together in this practical guide to interior design, biophilic design, and feng shui for your home. Part spiritual growth workbook and part treatise on the power of nature, Creating Luminous Spaces is your practical guide to giving your home a refreshing energy boost. In this inventive approach to interior design, Maureen K. Calamia blends modern trends with the five elements of feng shui, an ancient Chinese system that brings the cycles and benefits of nature to your home interior. With inspiring ideas and practical information, Calamia will help you discover which of nature's elements represents your energy. Should you enhance your home with natural light or a fish bowl? New organizational habits or tall, vertical lines? Featuring practical exercises, meditations, and real stories about clients and students, as you embark on this mind-body-spirit connection with your home, you'll find out how: Indoor lighting and lighting design can strengthen the fire element Organizational behavior is influenced by the metal element Space planning with plants nourishes the wood element And more!

Take Time for Your Life Cheryl Richardson 2009-07-01 Live the life you've always dreamed of! America's #1 personal coach offers an inspiring, practical seven-step program to help you create the life you want. Imagine finding time to do all the things you want to do. Having plenty of energy for family and friends. Having control over your income and finances. Taking care of your physical and emotional well-being. If you feel as though the life you're living doesn't reflect your true priorities and is leaving you stressed out and unfulfilled, you're not alone. Cheryl Richardson--the leader in the new field of personal coaching, what she calls "a personal trainer for the soul"--has helped thousands of people make changes toward living a high-quality life, and in Take Time for Your Life she offers her step-by-step program so you can too. If you're tired of living a life that feels out of control and are ready to live life on your own terms--while still meeting your responsibilities--get ready to take action! Packed with useful exercises, checklists, concrete advice, client success stories, personal anecdotes, and a wealth of resources, Cheryl Richardson's seven-step program shows you how to identify and eliminate the things in life that are draining you and replace them with the things that fuel you. She gives you permission to put yourself at the top of your list. By doing so, you will find not only more energy and more enthusiasm but also that your relationships, your finances, your work, and your sense of well-being are improved and better balanced. Whether you're a corporate executive working sixty hours a week, a single parent trying to raise a family, someone starting his or her own business, or going back to school, Take Time for Your

Life shows you how to step back, regain control, and make conscious decisions about the future you'd like to create. Richardson's strategies for overcoming the obstacles that block you from living the life you want will help you discover a world in which your priority list reflects your true desires. Take time for your life--and begin living a life that you love.

Learning to Be You, It's an Inside Job Brenda Ehler 2000 This inspirational book was written to assist the loved ones of the substance-addicted find inner healing through awareness, self-love, changed perception and non-judgement. But anyone experiencing external pain and adversity will benefit from the author's inspiring journey. Brenda shares her personal experience of living with a drug addict/alcoholic for nine years and the following nine years of clean and sober life. She takes her readers back in time to the life-changing event, which started her husband on his successful recovery. When she did not experience the expected inner peace following her husband's sobriety, she began her own journey to find inner healing and recovery.

Simple Shui for Every Day Amanda Gibby Peters 2019-11-27 Feng Shui is a practice that prioritizes the energy of our surroundings in specific ways. Under its influence, we attract and hold onto chi that supports our happiness and well-being. Think of it as home improvement-meets-self empowerment! So, what can you expect in the pages ahead? There are 365 prompts. One for every day of the year. However, these aren't specific to the time of year or prescribed in a specific order. All the suggestions are more of a grab-and-go, so have fun! Some are straightforward Feng Shui: do this; don't do that. Some focus on chi (energy) enhancers because all of us deserve an entourage of encouragement. Some spotlight the 5 Chinese Elements - Wood, Fire, Earth, Metal, and Water - and how they influence our behavior and feelings. Some are straight up motivational. Not every day will feel like a "shui" day. These will be the connective tissue to keep you in the game while you take a break. Some talk about clutter. Clutter is resistance, which means you need to clear it for the magic of shui to have any sway! And some are dedicated to space clearing - a form of energetic cleaning. These tips are like a greatest hits' compilation, mindfully gathered from all my studies as well as the clients I've been blessed to work with along their journeys. What we experience in life is often reflected energetically in our surroundings. And when we change what's happening around us in a positive way, we reconfigure what happens in our lives as well - one day at a time!

Sacred Space Denise Linn 2010-06-15 'Our homes are mirrors of ourselves. Through them we can interface with the universe.' Everything in the universe is composed of constantly changing energy, including our homes and their contents. By clearing and enhancing this energy, we can turn our living spaces not only into sanctuaries for ourselves but also into places which radiate positive energy for the benefit of others. In this fascinating and unusual book, international lecturer and healer Denise Linn shows how we can infuse our homes (and offices) with a sense of cosmic order so they become nurturing centres of strength and health. Drawing upon her Cherokee Indian heritage, as well as the knowledge she has personally collected from the native traditions around the world, Denise offers simple but effective techniques including how to use: --Feng Shui --Spirit Smoke --Purifying Fire --Mystic Sound --The Way of the Shaman to help us create a sacred space wherever we make our home.

Gemstone Feng Shui Sandra Kynes 2002 In the ancient Chinese art of feng shui, when you change the placement of objects in your living space, you change a corresponding area of your life. With Gemstone Feng Shui, you can affect change by using gemstones according to feng shui principles This book provides an easy-to-understand introduction to feng shui and gemstones, and includes a guide to the uses of sixty-three specific gemstones. Here's a sample of what gemstones can do for you: -Amber--attracts luck, calms energy, and aids in building vitality -Cat's-eye--protects against poverty -Coral--promotes love and harmony, and helps build community -Diamond--helps build relationships and support longevity -Garnet--fosters confidence and success -Jade--aids in remembering dreams and solving problems -Jet--engenders honor and justice -Lapis lazuli--strengthens personal expression and intuition Put the natural energy of the earth's treasures to work for you.

Feng Shui Beyond Boundaries Vee Huynh 2012-12 As human beings, we search for the same thing our entire lives: happiness. There are many paths to this elusive and precious destination. But once attained, some joys last, while others wither quickly. What are the secrets to finding-and keeping-lifelong happiness? Do these secrets even exist? Do you search for true happiness? Within these ancient practices, you can discover tools to help you become the cocreator of your destiny. Do you search for your perfect soul mate? Finding this person isn't hard at all, once you understand how universal energy truly works. Do you search for financial stability? The key to this treasure is well within reach-with the right education and some hard work. We all have the power to turn our dreams into reality; this guide,

packed with ancient theories and backed by modern science about the power of mind energy, can help you do so. The power of Feng Shui is immeasurable; it can change your life. By living in harmony with the universal Chi, you can shape your destiny. You'll learn how Feng Shui's potent secret formulas can be used to create your new destiny. Are you ready for happiness beyond anything you could have imagined? Feng Shui beyond Boundaries can show you the path; it's time to take that first step on your journey to a new life.

Spiritual Gardening Peg Streep 2003 Explores the creation of a garden sanctuary with practical advice on plant selection, color, creating pathways and gates, and sharing the space with wildlife.

Feng Shui Your Life Jayme Barrett 2003 Jayme Bartett, the feng shui consultant to the rich and powerful of Beverly Hills, has written the most comprehensive and life changing book on the subject.

Your Altar Sandra Kynes 2007-01 A reminder of the Divine, a space for spiritual encounter, or a focal point for meditation--the altar is a powerful tool for people of all faiths. Sandra Kynes demonstrates how to create personal altars and empower these sacred spaces according to your needs. Discover how to harness energies to manifest change, make decisions, receive wisdom, find balance, explore your soul, and grow spiritually. Kynes's unique approach provides nine overall matrices--each one corresponding to the number of objects placed on the altar--and the numerological significance of each. You'll also find suggested meditations and a wealth of helpful information--spanning chakras, colors, days of the week, elements, gemstones, gods/goddesses, runes, and more--for choosing appropriate symbols and objects that reflect your needs.

Holistic Spaces Anjie Cho 2018-12-06 Transform your home into a calm, balanced and harmonious oasis using architect Anjie Cho's helpful advice, drawing on her background in green design and feng shui. You don't have to get rid of all your possessions and become an ascetic to change your space and discover the benefits that living in a considered, organic way can bring. The easy suggestions in Holistic Spaces show you how to implement the principles of feng shui and green design in your home. Written for the way we live today, as we move toward a more mindful approach to health, diet and the way that we choose the objects in our homes, this is the perfect guide to help you to clear and refresh your living environment. Learn how to make every room in your home serve its highest purpose, create eco-friendly spaces, bring nature indoors, choose colours for maximum impact, select a space for meditation practice, and overall, create a peaceful and organic home. From the bedroom to the home office, these intuitive, straightforward tips will teach you to how improve your spaces to boost the flow of energy through your life.

Behind the Scenes Alisa K. Moore M. S. 2005-05 "Alisa came into my life at a time of great challenge and transition for me. Like a breath of fresh air, the balance of her humble, honest and compassionate nature inspired a deep felt trust within minutes of our conversation. As she spoke of my past and present circumstances, I was dumbfounded by her accuracy. She spoke to my heart and soul with such insight! I found transcendental healing in her words, as though they were setting me free."-B. G., Psychic Reading Client In Behind the Scenes, author Alisa K. Moore guides you through her personal odyssey of spiritual development and awakening. Through her experiences, you will begin to realize that our loved ones remain close to us after they cross over. Moore's startling personal stories and revelations will encourage you to explore the power of your own incredible spirituality. You will also learn to see and feel beyond everyday reality to live a richer life, supported by invisible energies that want the very best for you. As your mind expands, you'll learn that things are not always what you've been taught to believe--they are so much more!

Feng Shui for the Soul Denise Linn 2000-08-01 In this enlightening book you will find three approaches for transforming your dwelling into an environment for spiritual renewal and inner peace.

Creating Luminous Spaces Maureen K. Calamia 2018-05 A luminous space is restorative and nurturing. It's a place that inspires you, helps you achieve your goals, and ignites your personal power. This book will teach you how to create luminous spaces using the wisdom of the five elements: wood, fire, earth, metal, and water. These natural elements will give you a stronger, deeper connection to nature and promote more joy and peace in your life. Learn how to determine which element reflects your true nature and apply the five elements to achieve balance and harmony in your home and in your life. Real stories of how the elements impact our lives are included along with space clearing exercises, meditations, and practical ways to create a home that will enhance your well-being.

Secrets of Space Clearing Denise Linn 2021-01-26 Learn mystical methods for clearing and uplifting the energy in your home, including feng shui, clearing clutter (physical, emotional, or spiritual), essential oils, and crystals. Space clearing is the art of cleansing and harmonizing the energy within an environment.

This ancient practice has the power to not only make your home feel good but also help those within to feel more positive and energetic, to bring balance to relationships, and to remove blocks for increased abundance, creativity, and well-being. In this comprehensive guide to space clearing, internationally best-selling author Denise Linn distills more than 50 years of experience as a leading authority in energy healing to guide you through sacred ceremonies and modern techniques for regaining control of the energy in any environment, including your home and your body. You'll learn how to transform any space using feng shui, clutter clearing, prayer, crystals, essential oils, mystic mudras, holy water, pendulums, and more!

**Feng Shui Made Easy** William Spear 1995-10-19 Presents a guide to implementing feng shui for greater peace and balance in the home, with advice on furniture and decor arrangement, the use of light, music, water, and plants, and the impact of feng sui on personal health.

**Past Lives, Present Miracles** Denise Linn 2008-03-01 Miracles can occur in your life, easily and effortlessly. It's simply a matter of remembering who you are—and to do this it's necessary to clear the blockages that stand between you and your soul. Almost all of these obstacles have their roots in your distant past, so it's valuable to travel back in time to release them. However, most of us are so caught up in limiting beliefs about who we are that it's almost impossible to take that journey. In this book, you'll learn how to travel back to your previous incarnations to release buried obstructions so you can create the miracles in your life that you deserve! It's safe, easy, and fun . . . and anyone can do it! You'll learn how to discover your past lives without ever doing a regression, remove limitations regarding your relationships, abundance, and health that came from your past lives, uncover the symptoms of past-life traumas and how to clear them, even if you don't believe in reincarnation, understand the roles that loved ones played in your previous incarnations, find your personal guides, spirit guardians, and angels and receive their help . . .and much, much more!

**Space Clearing** Denise Linn 2000 The ancient art of space clearing is now being recognized by a growing number of people as a simple and effective way to heal many aspects of their lives. In this practical and beautifully illustrated book, Denise Linn, author of the international bestseller *Sacred Space*, explains the four key steps to space clearing and the different methods involved -- from using bells, drums, and rattles to feathers, smoke, and sacred dance. She also offers simple guidelines on preserving the atmosphere after a clearing, including special blessings and prayers.

**Feng Shui That Makes Sense** Cathleen McCandless 2011 You don't need to be a professional designer or a feng shui expert in order to have a beautiful, comfortable home. *Feng Shui That Makes Sense* takes you step-by-step through the process of using feng shui principles to create a home that will please your eye, relax your body, inspire your mind, and lift your spirit. After reading this book, you will be able to:

- Easily create a home of beauty, harmony, and comfort
- Learn basic feng shui principles that work every time in every space
- Improve the look and feel of any room in your home
- Discover the origins of popular feng shui myths and misunderstandings
- Enhance the areas of your home relating to Love, Money, Health, Family, and more
- Apply feng shui principles to your landscape and garden
- Integrate nature and natural materials into your living space
- Clear your home of unwanted energy
- Create a home that nurtures and inspires you physically, mentally, and spiritually
- Understand how and why your environment affects you the way it does

**Creating Home Sanctuaries with Feng Shui** Shawne Mitchell 2002-10-01 The authors of "Exploring Feng Shui" present a timely guide to help readers make their homes sacred spaces--sanctuaries for mind, body, and soul. Hundreds of practical tips and suggestions accompany insightful stories and life lessons.

**The Alchemy of Quantum Mind Feng Shui** Mary Shurtleff 2010-11 *The Alchemy of Quantum Mind Feng Shui* is an easy, step-by-step guide committed to unleashing your spirit by balancing the energy of your body, mind, and spirit with the energy of your home and career so you may rediscover who you really are. As you grow and change your goals, so must you change your home. This guide uses feng shui in conjunction with the chakras of the body, oils, stones, mudras, and meditations to achieve your highest dreams and goals. The home, body, and mind come together in accordance with the universal law to give your life an even flow. Discover that, like the lotus flower, you are indeed in perfect proportion with the pearl of wisdom housed deep within your heart and mind. The alchemy of prosperity is created through your thoughts and ideas. *The Alchemy of Quantum Mind Feng Shui* is the first in a series of three books. This first book sets the stage to stabilize the body and home to facilitate change. The second in the series, *Reconnecting Your Spirit*, is used to help those who wish to decode their childhood programming, generational tendencies, and word formations to discover who they truly are and what they desire. A New Normal: *The Connected Being* is the third book in the series, taking you further into the realms of spirit

and intuitions. This book encourages you to reach deeper into the depths of your mind and view the world through metaphysical eyes. It teaches you how to watch for the signs and metaphors sent from the heavens to guide you daily through your life. *A New Normal: The Connected Being* features actual stories of coincidence and angelic guidance, as well as pictures of unexplained energetic activity. In the words of St. Ignatius of Loyola, "For those who believe, no proof is necessary. For those who disbelieve, no amount of proof is sufficient." *A New Normal: The Connected Being* will change the way you view your world. Mary Shurtleff has taken feng shui into the twenty-first century with a combination of feng shui interior design, hypnotherapy, theta healing, and other tools of the metaphysical arts to help her clients unlock their hidden creativity, productivity, and spirituality. Mary encourages her clients to develop their sixth-sense ability to blueprint their life plans. When this combination of traditional interior design feng shui for the home and body is recognized, and familial programming is changed, the results are remarkable!

*The Ultimate Guide to Energy Healing* Kat Fowler 2022 *The Ultimate Guide to Energy Healing* is a beginner's guide to energy healing styles, practices, and techniques that readers can use immediately for healing and self-care.

*Sacred Space* Denise Linn 2007-12-18 "Our homes are mirrors of ourselves. Through them we can interface with the universe." Everything in the universe is composed of constantly changing energy, including your home and its contents. This energy can profoundly influence your ability to be healthy, loving, creative and abundant. By clearing and enhancing this energy you can transform your home into a sanctuary which radiates positive energy in ever-expanding circles. In this fascinating and unusual book, Denise Linn shows you how you can dramatically change your life by changing the environment in your home or office. She combines information from her own Native American heritage with material she has personally collected from native traditions around the world to bring you practical, easy-to-use exercises for balancing the physical, emotional and spiritual energies in your home, including how to: \* Diagnose and solve problems with stagnant home energies. \* Use sacred sound, spirit smoke, mystic symbols and purifying fire for clearing home energy. \* Discover the personal numerology of your home. \* Use the ancient art of Feng Shui for the placement of objects in your home. \* Call house angels and totems as home protectors. \* Use rituals to rid your home of unwanted spirits. \* Instantly uplift the energy in your home. Your home can resonate, sing and pulse with Light energy that can touch the lives of everyone around you. Your home can become Sacred Space.

*Home in Harmony* Christa O'Leary 2014-11-03 We all deserve a calm, well-ordered, pleasingly designed refuge where we can relax and enjoy our families. Having had four children in a little more than five years while running a thriving design business, Christa O'Leary has become the guardian at the gate of our sanctuaries—our homes. She teaches us to be aware of the toxins found in both our food and furnishings; the detrimental effects of our unhealthy habits; and society's frantic need to have the latest gadgets, to get ahead, and to be forever on the go. As a designer, therapist, and eco-friendly expert, she's often asked how she makes her hockey-mom life and peaceful, beautiful, healthy home look so effortless. Well, the hunt for her secret is over! Christa shows us that it's possible for all of us to feel inspired, energized, and in love with our lives and our homes. There are other books that address some of the components found in *Home in Harmony*, including design, color, feng shui, psychology, clean eating, detoxification, meditation, and finding our soul's purpose. However, this is the first book that puts it all together in a fun-to-read, easy-to-implement format. This is the formula for living an extraordinary life, and it's now available to everyone!

*Ceremonies for Real Life* Carine Fabius 2002-10 Performing ceremonies makes me feel like I have a say in how my life turns out. It makes me feel like I have some form of control in how it all plays out. Taking part in a ceremony means I am asking for help. I put in my request, back it up with the power of my creative intention, and then I try to surrender to the weave already in progress. At least when I am clever, I surrender. Because how I get there or how quickly I arrive is best left in more experienced hands!

*The Holistic Home* Laura Benko 2016-01-19 "Author and feng shui expert Laura Benko shares her tips for giving your space—and ultimately your whole self—good healing energy." —*Architectural Digest* *The Holistic Home* is based on an original lifestyle concept focused on creating a dynamic, healthy, and thoughtful space within yourself and your home by combining three planes of action—mind, body, and spirit—that result in profound change. The condition of the mind affects the psychology of how you dwell: subconscious influences, decorating with intention, and allowing your emotional issues and challenges to manifest in your space. The physical aspects of your design space, such as furniture positioning, design elements, sustainability, wellness, and organization, are representative of your relationship with your

body. And finally, the spirit refers to all the invisible energies within you and your home—feng shui, atmosphere, and the soul of your home. Years ago, author and holistic feng shui expert Laura Benko was diagnosed with a rare cancer. Around that time, a book serendipitously fell on her head. She took this as a much-needed sign to devote the next decade of her life to research and hundreds of transformative holistic design consultations. Her clients' real-life, inspiring stories, along with specific actions and tips, have become the foundation for *The Holistic Home*. Chapter by chapter, you'll learn how to holistically tackle it all—relationships, clutter, health, communities, inner balance, and more—by looking within your immediate environment to make direct connections in your life. "Laura connects the dots between how we dwell in our homes and the challenges in our lives in an enlightening and groundbreaking way."  
—Mallika Chopra, founder and CEO of Intent.com

*Clear Your Clutter with Feng Shui (Revised and Updated)* Karen Kingston 2016-01-05 In this revised and updated edition of her classic, bestselling book, Karen Kingston draws on her wealth of experience as a clutter clearing, space-clearing, and feng shui practitioner to show you how to transform your life by letting go of clutter. Her unique approach lies in understanding that clutter is stuck energy that has far-reaching physical, mental, emotional, and spiritual effects. You'll be motivated to clutter clear as never before when you realize just how much your junk has been holding you back! You will learn: - Why people keep clutter - How clutter causes stagnation in your life - How to clear clutter quickly and effectively - How to live clutter-free

*Creating Sacred Space with Feng Shui* Karen Kingston 1997-01-01 Provides simple and effective techniques on how to create harmony and abundance by clearing and enhancing home and workplace energies, and explains the link between inner peace and the buildings in which we live. Original.  
Sacred Space Jill Angelo 2015-06 SUMMARY: Countless books are available to help you design, decorate or renovate your home. *Sacred Space: Turning Your Home into a Sanctuary* is something else--something new. Simply put, *Sacred Space* helps you to uncover the divine within your home and guides you to nurture that divine within you. The more confusing and fractured the world around us becomes, the more crucial it is to have such a sanctuary--a sacred space.

*Home Sanctuaries* Shawne Mitchell 2013-04 Make your home an intimate retreat that will please your senses and nourish your soul. Here's how to make your home a sacred space... a sanctuary for mind, body, and soul. *HOME SANCTUARIES* gives you an easy-to-follow, seven-stage process for building personal retreats, altars, and shrines within your home. You will learn how to identify a location, cleanse and sanctify the area, evaluate the balance of energy, assemble materials, and energize your intentions. Specific chapters are devoted to communal rooms, intimate spaces, zones of creativity, and contemplative environments. Hundreds of practical tips and suggestions, insightful stories, and life lessons provide just the guidance you need to implement the ancient principles of feng shui right where you live. Readers who love the books of Denise Linn, Karen Kingston, Nancy SantoPietro, Xorin Balbes, and Tsh Oxenreider will find this book a great companion of equal value. *The Alchemy of Intention* (From the Introduction) Where intention goes, energy flows. Because of how energy functions, we are each engaged in co-creation with the life force. If you want your life to be sacred, you need to set the intention for it to be so. Setting an intention is like speaking to the Divine through a megaphone: It gets the message across more clearly. This is the true secret behind creating a home sanctuary. Altars and shrines are incredible spiritual tools because they anchor our feelings and thoughts so we become very clear and specific about what we want. Ultimately, whatever we focus on appears in the material world. Creating a sacred space in your home is an opportunity to connect your intimate environment with the realm of the Divine so that your soul is supported and nourished and has freedom to express and flourish.  
*Soul Coaching* Denise Linn 2011-05-01 If you could really hear a message from your soul, what would it be telling you? *Soul Coaching* is a four-week program dedicated to an in-depth clearing and cleansing of the different aspects of your life: mental, emotional, physical, and spiritual. If not now, when? By following the practical, carefully crafted steps presented here, you'll find that you're able to uncover your authentic self. This book is for you if you want to know: • who you are • why you're here • what your mission is This book is also for you if you are ready to start: • putting your needs before everyone else's • living life at a peaceful, moderate pace • loving yourself By utilizing the energy of the elements of nature: Air, Water, Fire, and Earth, this program allows you to clear away old blockages so that you can truly begin to hear the secret messages of your soul.

creating-sacred-space-with-feng-shui-learn-the-  
art-of-space-clearing-and-bring-new-energy-  
into-your-life

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